

# '...ABOVE ALL I

## KITTENS!



## Simple guide to health and longevity.

We do not recommend vaccinating an animal prior to 12 weeks.

**Welcome HOME!**

### 8 weeks

Our furry friends are part of the FAMILY!  
Puppies and kittens are protected by maternal antibodies until 8 weeks old. Maternal antibodies are passed in the placenta and in colostrum.

After 8 weeks maternal immunity starts to decline and is completely gone by 12 weeks.

### 12 weeks

Do not vaccinate indoor cats.

For outdoor cats, we recommend only 1 vaccination. You cannot get a single antigen for cats. It is a 3 in 1.

Vaccines should never be given to immune compromised animals.

Rabies vaccinations are NOT required in BC. No Rabies vaccine unless legally required. ie. travelling out of B.C. NOTE - the one year and the three year Rabies vaccination are the same thing.

Vaccinate for only one virus at a time. We recommend vaccinating dogs for Parvo and Distemper only. Parvo should be given first as it is more prevalent than Distemper. Distemper should be given four weeks later if there have been no adverse reactions to the Parvo vaccine.



## PUPPIES!

# DO NO HARM...!

Never give Leukemia vaccine when a cat is 6 months or older without doing an antibody test. If they have antibodies, you run the risk of stimulating the real RNA virus in the body if you vaccinate. We do not recommend giving Leukemia vaccine after one year of age.

**By Julie Anne Lee DCH RCSHOM and Dr. David Ruish DVM**

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Lifetime Immunity - Annual vaccination is a practice that has no scientific validity. In 2001, the American Veterinary Medical Association openly admitted that vaccine protocol was based on historical precedence rather than research.

## 6 months

For spay and neuter. If indoor/outdoor cats 5-6 months. For indoor cats only 6-12 months depends how they are in the house eg spraying or marking.

## 1 year

Annual titres to ensure humeral response.

## Seniors

With the proper care and proper nutrition cats can live to be in their 20's.

With proper care and proper nutrition large dogs can live to be 14-16 years. Smaller dogs even longer.

## 4-5 months

First titre should be at 4-5 months. If no humeral response at that time, recommend booster. Note low titre does not always indicate inadequate immunity.

## 18 months

For spay and neuter Female dogs - if a large breed wait until they are 12-18 months but before second heat. For a male large breed 12-24 months. Small breeds can be earlier but wait at least 1 year.

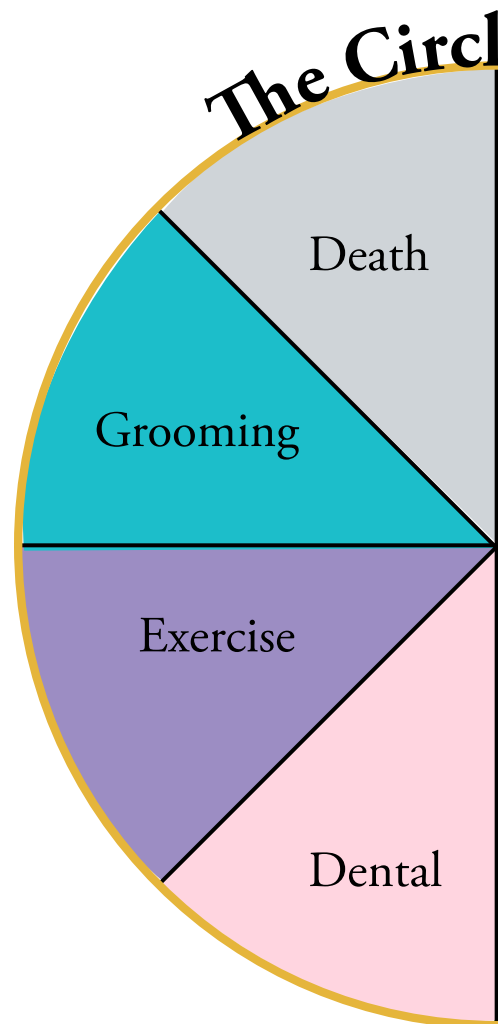
The human medical field believes that the consumption of processed food is playing havoc on our health. We believe the same thing is happening with our companion animals. Free radicals scavenge our healthy cells and create aging. What kills free radicals are antioxidants. Dead processed food is void of antioxidants and therefore does not help fight disease or slow down the natural aging process. For many animals this will result in a shorter, less healthy life.

*We recommend a species specific diet of raw meat and raw vegetables.*

The average dog should eat 100 to 200 grams per 10 lbs of body weight. This can vary with each breed. For Dogs 75% meat that includes raw bones, organ and muscle meat and 25 % raw vegetables. For cats 95% meat, bone and organ, 5% ground vegetables.

For further information on raw food contact your nearest raw food specialist.

Declawing cats has been banned in many parts of Europe. This is a barbaric procedure that amputates part of the digit. A big part of a cats life is scratching. They get great pleasure in it. It helps them stretch out and provides an overall release. We do not endorse this procedure.



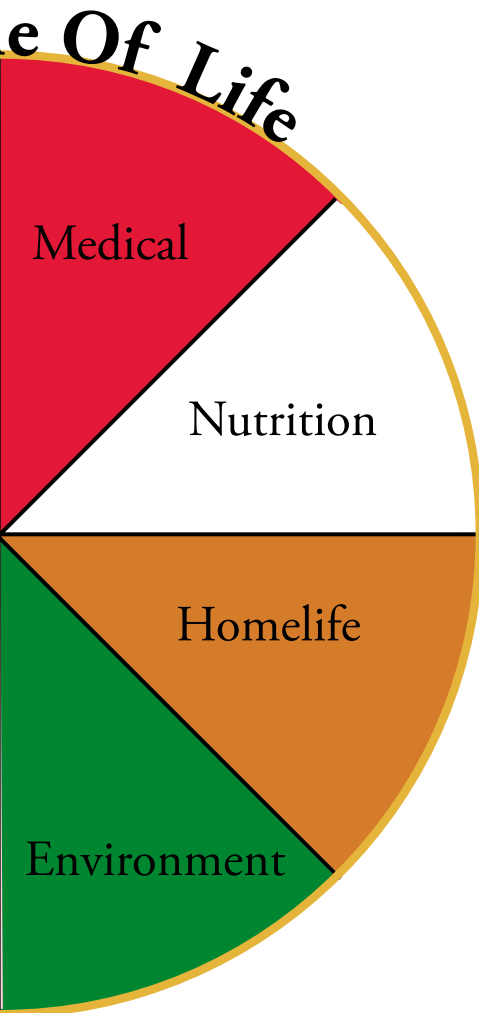
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Raw meat bones should also be a part of your pet's diet. (e.g. buffalo femurs) Easily digestible bones (e.g. turkey or chicken necks) can be given more regularly as a good source of calcium and to clean teeth.



If your animal is relatively healthy we recommend a vet visit every 3-6 months as a preventive measure. Not to be vaccinated but to look for signs of aging, joint issues, parasites...that way your practitioner can be proactive and tweak the diet, add supplements to slow down the degenerative process or decrease inflammation etc.

Anal gland expression is another procedure we do not recommend unless they are so impacted they may rupture. These glands should automatically express on their own as they are used as a form of marking and should release every time the dog or cat defecates. By squeezing them we often run the risk of scarring the opening, making it necessary to have frequent visits to the vets or groomers and the possibility for anal gland abscess to form. With the proper amount of raw bone in the diet your dog or cat should not naturally need this procedure done.



Dogs are pack animals. Isolation is devastating for them

If they are home alone then they should have another dog or cat with them, or someone that comes in and visits or walks them. Leave soothing music on if they are alone. Daycare or dog walkers are ideal during the day.

Your pet can feel your emotions and stress. Try to be aware of what you are asking them to take on.

Give them as much love as you possibly can!

The new home should be the same as for a healthy person - smoke free, clean air, fresh water, natural bedding (100% cotton).

We believe allergies can be triggered by fire retardant spray that is on your furniture and rugs.

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*We believe* that everyone is doing the best they think they can for their companion animal.

*We believe* that informed choice is a must for veterinary practice. The more information you get, the better decisions you can make for your animal friend.

*We believe* that the two main reasons that dogs and cats are chronically ill are over-vaccination and consumption of processed "dead" food.

*We believe* you are your animals voice.

*We believe* as your veterinary team we should listen.

We do not recommend plucking ears. It can cause inflammation that may precipitate infection. If your dog has hairy ears it is for protection so they should be left alone!

Nails should not need clipping - if your dog gets enough exercise their nails should naturally wear down.

A healthy dog or cat should not need to have a bath unless they roll in something or have been sprayed by a skunk.

The best exercise for puppies is playing with other puppies or adult dogs that are gentle.

Adolescents and adults: min of 2 hours off leash time in the forest or dog park as well as short walks throughout the day or day care.

Geriatric: Let them do what they can, not what you think they should do. If they are lagging behind or you are constantly coaxing them, it is TOO much! Frequent short outings to sniff, or what we call "read the paper" are always stimulating for an old dog, and it teaches us to be in the moment - to stop and appreciate life rather than just watch it fly by.

We do not support dogs running on cement or pavement with you on your bike or roller blades. If you bike, go into the forest with your dog.

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Dogs are not built to run on things that do not have give and that can be extremely hard on their joints.

Cats - another cat is always best so that they can play together. Encourage your cat to chase things like laser lights or feathers.

The death of your animal should be as peaceful and natural as possible. When it comes to that time if it is possible we recommend a home-assisted euthanasia so that he or she is in their own environment with their family when they leave. If this is not possible, then please do not drop your animal off at a veterinarian clinic to be euthanized. In many clinics, your beloved pet could be left in a cage, waiting to be put to sleep. We do not believe this is how their last hours should be spent - away from their family and afraid. Please stay with your animal to say good-bye. Do not allow anyone to tell you that is not necessary - this is when your dog or cat needs you the most!

As much as possible we support your animal dying naturally at home. Homeopathy can make this transition extremely peaceful.

There are many counselors that now specialize in pet bereavement, you can ask your veterinarian to suggest one.

## JULIE ANNE LEE

*Classical Homeopath DCH, RcsHom, Homeopathic Mentor and Instructor, Founder of Adored Beast Homeopathic Veterinary Clinic*

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Julie Anne Lee grew up helping in her mother's animal rescue shelter. As a result, she is passionate about animals and their health. After many years of service as a veterinary technician, Lee developed an equally passionate commitment to homeopathy. "Homeopathy, when applied correctly, has the ability to bring the body back to its healthy, natural state," she says. "I get great reward from working with clients and their veterinarians in order to make animals heal and be vital again. My faith in homeopathy and what it can do continues to inspire me."

Since graduating from the 4 year diploma program at the Vancouver Academy of Homeopathy in 1997, Lee has been working alongside veterinarians nationwide to provide classical homeopathic treatment to animals with acute and/or chronic conditions. She is not, she points out, a veterinarian, but works with veterinarians within the legislation bylaws of the British Columbia Veterinary Medical Association. With her mentor, veterinary surgeon Dr. Susan Armstrong, a faculty member of the British Homeopathic Physicians Teaching Group, Lee has studied with some of the most renowned international homeopaths including George Vithoulkas in Greece, Rajan Sankaran in India, and Mark Elliott and John Saxon in England. She is also an associate member of the British Association of Homeopathic Veterinary Surgeons.  
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Cell: 604.786.0881 Email: [Healingplace@telus.net](mailto:Healingplace@telus.net)

## DR. DAVID RUIISH DVM

Dr. Ruish graduated in 1981 from the Ontario Veterinary College at University of Guelph. In the following year, he practiced veterinary medicine in Ontario. Then in 1982 he wrote his BC board exams and moved west, to BC.

For 10 years, Dr. Ruish owned and operated a successful veterinary clinic in Vancouver. Slowly, he became discouraged with the treatment options available for his patients and began his search for an alternative medicine that would enhance his conventional knowledge and experience. He found that Homeopathy completely fit his criteria and pursued this education.

Dr. Ruish has been practicing Veterinary Homeopathy as his primary modality of medicine for the last 11 years.

Dave resides with his Irish Wolfhound cross "Sid", his Catahoula cross, "Misty" and his 2 cats "Bob" and "Harley".

To contact Dr Ruish DVM and Julie Anne Lee DCH RCSHom please call Healing Place Veterinary Clinic 604.983.0987

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